



FEBRUARY 2024: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			1	2
Chef Choice or French Bread Pizza (V) Garlicky Green Bean (VE) <i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)	Chef Choice or Caribbean Style Beef Patty Seasoned Wedge Fries (VE) <i>Salad Bar</i> Rainbow Bar	Chef Choice or Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE) <i>Salad Bar</i> Pizza Bar	Chef Choice or Turkey Burger Turkey Cheeseburger <i>Whole Wheat Bun</i> Fish and Cheese Sandwich <i>Whole Wheat Bun</i> Herb Roasted Potatoes (VE) <i>Salad Bar</i> Classic Toppings	Kidney Bean Rajma (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE) <i>Salad Bar</i> Mediterranean Bar
5	6	7	8	9
Chef Choice or Sicilian Slice Pizza (V) Italian Green Beans (VE) <i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)	Soft Turkey Taco Street Style Corn (V) <i>Salad Bar</i> Fiesta Bar	Manicotti (V) in Marinara Creamed Spinach (V) <i>Salad Bar</i> Leafy Green Salad Bar	Crispy Chicken Bites with Dipping Sauce Jollof Cauliflower (V)* Sweet Potato Wedge Fries (VE) <i>Dinner Roll (V)</i> <i>Salad Bar</i> Rainbow Bar	White Bean and Pasta Primavera (VE) Three Cheese Grilled Cheese (V) Crispy Broccoli (V) <i>Salad Bar</i> Leafy Green Salad Bar
12	13	14	15	16
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
Pizza by the Slice (V) Kid Friendly Kale Salad (V) <i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)	Fiesta Quesadilla (V) Fiesta Black Beans (VE) Served with Salsa (VE) <i>Salad Bar</i> Leafy Green Salad Bar	<i>Plastic Free Lunch Day</i> Garlic and Tomato Panini (V) Baby Carrots (VE) <i>Salad Bar</i> Plastic Free Lunch Bar	Turkey Burger Turkey Cheeseburger <i>Whole Wheat Bun</i> Fish and Cheese Sandwich <i>Whole Wheat Bun</i> Herb Roasted Potatoes (VE) <i>Salad Bar</i> Classic Toppings	Kidney Bean Rajma (VE) Three Cheese Grilled Cheese (V) Kachumber Salad (VE)* Flatbread (VE) <i>Salad Bar</i> Mediterranean Bar
26	27	28	29	
French Bread Pizza (V) Garlicky Green Bean (VE) <i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)	Caribbean Style Beef Patty Seasoned Wedge Fries (VE) <i>Salad Bar</i> Rainbow Bar	Mozzarella Sticks (V) with marinara sauce (VE) Roasted Zucchini (VE) <i>Salad Bar</i> Pizza Bar	Chicken Tender Melt Superhero Spinach (VE) <i>Salad Bar</i> Rainbow Bar	
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> <div style="text-align: center;"> </div>
---	--	---	---

* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products