

FEBRUARY 2024: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<p style="text-align: center;"><i>Fresh New York Bagel Assortment</i> Cinnamon Raisin (VE) Plain (VE)</p>	 <p style="text-align: center; font-size: small;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>		<p style="text-align: center;">Chef Choice or Egg and Cheese on a Whole Grain Croissant (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center; color: green;">Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>
5	6	7	8	9
<p style="text-align: center;">Chef Choice or Banana Muffin (V)</p> <p style="text-align: center;">Cheese Stick Choice (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Chef Choice or Rise and Shine Waffles (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Chef Choice or Zucchini Carrot Breakfast Bread (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Chef Choice or Egg and Cheese on a Buttermilk Biscuit (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center; color: green;">Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>
12	13	14	15	16
<p style="text-align: center; color: green;">Blueberry Muffin (V)</p> <p style="text-align: center;">Cheese Stick Choice (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Buttermilk Pancakes (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center; color: green;">Apple Cinnamon Breakfast Bread (V)</p> <p style="text-align: center;">Mozzarella Cheese Stick (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Rise and Shine Waffles (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center; color: green;">Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>
Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	Midwinter Recess 22	Midwinter Recess 23
<p style="text-align: center; color: green;">Honey Corn Breakfast Bread (V)</p> <p style="text-align: center;">Cheese Stick Choice (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Rise and Shine Waffles (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center; color: green;">Zucchini Carrot Breakfast Bread (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Egg and Cheese on a Whole Grain Croissant (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center; color: green;">Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>
26	27	28	29	
<p style="text-align: center; color: green;">Banana Muffin (V)</p> <p style="text-align: center;">Cheese Stick Choice (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Rise and Shine Waffles (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center; color: green;">Zucchini Carrot Breakfast Bread (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	<p style="text-align: center;">Egg and Cheese on a Buttermilk Biscuit (V)</p> <p style="text-align: center;">Hot Oatmeal (V)</p> <p style="text-align: center; color: purple;">Seasonal Fresh Fruit (VE)</p>	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell
Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

OFFERED DAILY


Options may vary
by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Grapefruit,
Oranges, Pears,
Bananas, and Strawberries
(VE)

Condiments
Syrup (VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products